

**Traci Baxendale Ball, LMSW, CAADC**  
**Clinical Director**  
**Vibrant Health Company LLC**

**Bio**

Traci is a nationally recognized mental health expert, speaker, writer, and entrepreneur. She began her career in England in 1992 and holds degrees from universities in the UK and the USA.

She is the founder of Vibrant Health Company LLC and its related brands, with specialties in trauma, addictions, and sex ed.

Stigma-free and GSD competent, her unique brands and groundbreaking written materials encourage all persons to reach their potential.

**Contact Info**

906.273.2060

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<https://vibranthealthcompany.com>



**Presentation Topics**

- Optimal wellness amidst stress
- Sexual assault prevention and personal safety
- Weatherproofing long-term relationships and sexual health
- Psychological trauma
- Body-positive dance and expressive arts workshops
- Somatic healing for sexual aversion and phobia

**Experience**

- Direct clinical services 27 years+
- Relationships coach
- Published author
- Freelance writer
- Health coach
- Well-loved fitness instructor
- Certified Tai Chi instructor
- Founder of an innovative virtual clinic that has been part of several national research studies on emerging practices
- Seasoned keynote speaker and presenter
- Entrepreneur and brand creator